

Haselworth Primary School



PDL Curriculum Map

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer
Values	Respect	Honesty	Empathy	Responsibility	Resilience	Self-Belief
Year 1 and 2 Cycle A	Making friends: Playing and Learning Together Keeping Safe Online NSPCC Assemblies and Workshops		Mental Health and Wellbeing Safety Outside the Home		Looking Back and Moving On Me, My Body and Staying Safe	
Year 1 and 2 Cycle B	Making friends: Playing and Learning Together Safety at Home including Online		Mental Health and Wellbeing Showing Kindness to Ourselves, Others and Celebrating Families		Being Healthy Celebrating Me and You	
Year 3 and 4 Cycle A	Families and Growing Together Money Matters and New Literacy inc Fake or Real		Mental Health and Wellbeing Forming Respectful Relationships		Exploring Ways to Manage Risk Me, My Body and Growing Up	
Year 3 and 4 Cycle B	Me, My Friends and Belonging Making Choices Online		Mental Health and Wellbeing Looking Out for Each Other		Keeping Safe Out and About Me, My Body and Growing Up	
Year 5 and 6 Cycle A	Managing Money and Online Spending Developing Our AI Literacy inc Staying Safe Online		Mental Health and Wellbeing Embedding Healthy Habits and Learning First Aid		Drug Education: Assessing Risk and Managing Influences Changes in Puberty and Sex Education	
Year 5 and 6 Cycle B	Friendships, Stereotypes and Bullying Safe Connections Online		Mental Health and Wellbeing Positively Engaging with Our World		Looking to the Future Respecting Boundaries	

The PSHE national curriculum framework provides a structured programme for personal, social, health, and economic education across all key stages, integrating statutory RSHE guidance and broader life skills.

Overview of PSHE Education

PSHE (Personal, Social, Health and Economic) education is a school subject designed to help pupils develop the knowledge, skills, and attributes needed to manage their lives, stay healthy and safe, and prepare for work and adult life. It incorporates three core themes:

- *Health and Wellbeing: covering physical and mental health, personal safety, and healthy lifestyles.*
- *Relationships Education / RSE: including relationships, sex education, and consent.*
- *Living in the Wider World: focusing on economic wellbeing, careers, and social responsibility.*